





Mini and Youth Welcome Pack 2023/2024

A very warm welcome to Ampthill Rugby Club.

This welcome pack contains general information about the Club,

This season the registration process for all members and players will be completed online.



















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Rugby Core Values

TEAMWORK

Teamwork is essential to our sport. We welcome all new team members and include all because working as a team enriches our lives. We play selflessly: working for the team, not for ourselves alone, both on and off the field. We take pride in our team, rely on one another and understand that each player has a part to play. We speak out if our team or sport is threatened by inappropriate words or actions.

RESPECT

Mutual respect forms the basis of our sport. We hold in high esteem our sport, its values and traditions and earn the respect of others in the way we behave. We respect our match officials and accept their decisions. We respect opposition players and supporters. We value our coaches and those who run our clubs and treat clubhouses with consideration.

ENJOYMENT

Enjoyment is the reason we play and support rugby union. We encourage players to enjoy training and playing. We use our sport to adopt a healthy lifestyle and build life skills. We safeguard our young players and help them have fun. We enjoy being part of a team and part of the rugby family.

DISCIPLINE

Strong discipline underpins our sport. We ensure that our sport is one of controlled physical endeavour and that we are honest and fair. We obey the laws of the game which ensure an inclusive and exciting global sport. We support our disciplinary system, which protects our sport and upholds its values. We observe the sport's laws and regulations and report serious breaches.

SPORTSMANSHIP

Sportsmanship is the foundation upon which rugby union is built. We uphold the rugby tradition of camaraderie with teammates and opposition. We observe fair play both on and off the pitch and are generous in victory and dignified in defeat. We play to win but not at all costs and recognise both endeavour and achievement. We ensure that the wellbeing and development of individual players is central to all rugby activity.



















Mini & Youth Section Contacts

Name	Positions	Email	Tel No
James Wiggett	Mini & Youth Chair Management Committee Member	jwiggett.arufc@gmail.com	07800 841835
Alison Allen	Management Committee Member Club Safeguarding Officer	safeguarding@ampthillrufc.com	07971 443593
Lyn Palmer	Management Committee Member Mini & Youth Membership Secretary	I.blaxill@btinternet.com	07733 162204
Andy Hill	Lead Girls Contact	andy.hill@kpipeople.co.uk	07557 234252
Jim Abbott	Mini & Youth Treasurer	jimabbott@btinternet.com	07958 696319
Matt O'Donnell	Minis Fixtures	Mdo.phd@gmail.com	07533 355283
Simon Gibbs	Club First Aid Lead	firstaidlead@ampthillrufc.com	07856 088157
Neil Gorrod	Club Steward	clubhouse@ampthillrufc.com	07450 506549
Tracey Holywell	Catering Manager	tracey.hollywell@btinternet.com	07976 908905
Jo Heady & Fran Sherry	Club Shop Managers	clubshop@ampthillrufc.com	

Mini & Youth Head Coach/Team Manager contact details can be found on www.ampthillrufc.com



















Mini Section – U6s to U12s – Pre/Post Training/Match

Mini players do not shower after they have played rugby. Rugby boots are not allowed to be worn in the clubhouse or the marquee.

Youth & Girls Section – U13s upwards – Pre/Post Training/Match

Changing rooms will be allocated on match days. Showers will be available post game.

It is suggested for all matches, home or away that youth and girls players change into post game kit, whether that be shirt and tie or club polo shirts and trackpants as advised by their individual age groups.

Please ensure that you tidy up after yourselves in the Clubhouse both home and away.

Game Management System (GMS)

The RFU's Game Management System (GMS) is the primary platform to support the grassroots game in England.

All participants of the game have the ability to login to GMS to update their personal details and ensure their communication preferences are up to date.

All U18 rugby players are required to register to Ampthill RUFC on GMS each season.



















Did You Know??

That we always need Volunteers....

The Club relies on a fairly small committee to operate. We are sure you appreciate how the club is run and maybe take it for granted that there will be someone there every Sunday to run the bar, man the car parks, cook the sausages, sell you the kit, keep an eye on the changing rooms etc. etc. These jobs are done by volunteers.

For the club to continue to run **WE NEED YOUR HELP**....... Are you a Builder, Plumber or Electrician? If you feel that you could give any time to help the running of the Club facilities, please speak to any Mini & Youth section contact, your coach or team manager.

That the bar is open every Sunday in the Season....

The bar is a great place to get to know other parents, other members of the club and to talk about how well the team has played. It is open every Sunday during the season. It is also open during the week, keep an eye on the website and club social media for opening times and future events.

That the minis players get a hot dog and youth and girls players get a free meal after playing a home match....

The club provides each player (Ampthill and opposition) with a free meal after they have played a match. The food is made available by our Catering Manager Tracey, with the help of her kitchen staff.

That the Clubhouse is available for private hire....

The Clubhouse is available for Private Hire/Functions via Club Steward Neil Gorrod on 07450 506549 or email clubhouse@ampthillrufc.com

That our First XV play in the English Championship.....

The First XV will compete in the English Championship for season 2023/24. This is one level below the Premiership. Keep an eye on the website for match ticket information.

That we have Rugby for Dads & Mums.....

We have senior Men's teams that play to a variety of standards and a Senior Ladies side. All our sides are always looking for new players.



















Club Safeguarding

Ampthill & District Community RUFC is committed to providing a safe environment for all of our players, coaches and parents. To ensure this we follow guidelines set out by the Rugby Union within their RFU Safeguarding Policy.

We have a duty to ensure that safeguarding children is prioritised, and that each child's rugby experience is as good as we can possibly make it.

Safeguarding is a proactive based concept based around promoting the child's welfare in every way.

All coaches and other volunteers who are involved with the Mini & Youth section of the club are all DBS checked.

We have a Club Safeguarding lead as well as a Team Safeguarding Officer within each age group. Our Safeguarding Officers have attended all of the relevant courses.

If parents have any child safeguarding issues or concerns, they are advised to contact their age groups Safeguarding Officer or the Club Safeguarding Lead

Alison Allen 07971 443593 or safeguarding@ampthillrufc.com

A copy of the RFU Safeguarding policy is available on the club website.



















Equal Opportunities Statement

- The club is committed to ensuring that equality is incorporated across all aspects of its development.
- Sports equality is about fairness in sport, equality of access, recognising inequalities
 and taking steps to address them. It is about changing the culture and structure of sport
 to ensure it becomes equally accessible to everyone in society.
- The club respects the rights, dignity and worth of every person and will treat everyone
 equally within the context of their sport, regardless of age, ability gender, race ethnicity,
 religious belief, sexuality or social/economic status.
- The club is committed to everyone having the right to enjoy their sport in an environment free from threat of intimidation, harassment and abuse.
- All club members have a responsibility to oppose discriminatory behaviour and promote equality of opportunity.
- The club will deal with any incidence of discriminatory behaviour seriously.

Playing Insurance

All paid up Members are covered under the basic RFU Insurance Scheme for permanent disablement whilst playing for the Club, however, players are recommended to the need for their own private insurance.

For further details contact the Club Secretary on secretary@ampthillrufc.com.

REMEMBER – You Play Rugby at your Own Risk

The Club accepts no responsibility for any injury or more serious happening howsoever caused.

This also applies to any person visiting the Club, or purely on the Club's land.



















Valuables and Liabilities

The club does not accept liability for the loss, damage, or theft of personal belongings on the Club premises. It is advisable not to leave valuables (i.e. jewellery and watches) in kitbags in the changing rooms as these are not secure. If you have no choice but to bring valuables to the Club, we advise that you pass them to a coach or parent for safe-keeping.

Cars parked in the club car parks, and all contents therein are left at the owner's risk and the club will accept no liability for loss or damage.

Club Shop

For any kit or club shop enquiries please contact Jo Heady/Fran Sherry via email clubshop@ampthillrufc.com

The Club Shop stocks a vast array of kit including Match Shirts, Shorts, Socks, Training Tops, Tracksuit Bottoms, Mouth Guards, Studs, Lanyards, Mini Balls, Club Shirts and Ties, Kicking Tees, Polo Shirts, Hoodies and TAG Belts.

The Club Shop also offers a wide range of second-hand kit & boots for sale.

Please consider donating your cleaned old kit to the shop.

The Club has an online shop and you can order match kit online via the link on the club website.



















What kit do I need?

All players are expected to play in Ampthill playing shirt, these are not supplied

Players will need:

- Ampthill Playing Shirt
- Black shorts
- Ampthill Socks
- Rugby or football boots, studs must meet the British kite mark standard (football studs are not acceptable). Replacement studs are available from the Club Shop.
- Mouthguard the club recommends that all players wear a mouth guard (U6, U7 & U8 optional re TAG Rugby but recommended).

Website

The Mini & Youth section has its own pages on the club website www.ampthillrufc.com where you can find contact and other information throughout the season.

The website is where you can also find the following club policies-

- Behavioural Policy
- Code of Conduct













GRANGE





If anybody has any further questions or requires additional information that has not been included, please speak with your specific age group contacts or alternatively any of the contacts listed on page 4.

As we start preparing for the new season, I hope that all of our mini, youth and girls players will continue to enjoy there rugby and take pride in playing for the number one club in Bedfordshire!

James Wiggett Mini & Youth Chairman 07800 841835 jwiggett.arufc@gmail.com











